A Guide to Pennsylvania’s Medicaid
HealthChoices Health Plans

Look Inside to Compare Your Choices

2019 Lehigh/Capital Zone

Commonwealth of Pennsylvania
Department of Human Services
Office of Medical Assistance Programs
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Prepared by the Division of Quality and Special Needs Coordination
This guide will help you choose a health plan.

If you are already in a HealthChoices plan, you can compare your plan to the other plans. You do not have to change plans. Remember that you can change plans if you want to.

The information in this guide comes from the HealthChoices plans and their members.

Your Health Benefits

After you join a health plan, you will get most of your Medical Assistance benefits through that plan. All plans would give you the same basic benefits. Some plans will give you some extra services.

The plan will send you a handbook about your benefits and services.

The basic benefits are shown below. Your benefits will be based on how you qualify for Medical Assistance. This is called your category of assistance.

- **Doctor and hospital visits** - including lab and x-ray services, emergency services, and visits to specialists
- **Medicine** - prescription drugs and over-the-counter drugs if the doctor gives you a prescription for them
- **Health care for women** - pregnancy care, family planning, and birth control
- **Dental care** - routine dental care for children through age 20; benefits vary for adults
- **Vision care** - medically necessary services including eye exams, frames and lenses
- **Medical equipment** - such as wheel chairs and diabetic supplies
- **Chiropractic care, physical therapy, foot care, and home health care**

If you live in these counties, you are in HealthChoices Lehigh/Capital. You can choose:

- Aetna Better Health
- AmeriHealth Caritas
- Gateway Health Plan
- United Healthcare
- UPMC for You

### Comparing the Plans

The information in the chart shows how well the plans deliver services and how the members feel about their plan. You can use this information along with your enrollment packet or log on at [www.enrollnow.net](http://www.enrollnow.net) to choose a plan.

<table>
<thead>
<tr>
<th></th>
<th>Aetna Better Health</th>
<th>AmeriHealth Caritas Plan</th>
<th>Gateway Health Plan</th>
<th>United Healthcare</th>
<th>UPMC for You</th>
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</thead>
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<tr>
<td><strong>Asthma</strong></td>
<td>★★</td>
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<tr>
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<tr>
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<td>★★</td>
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<tr>
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<td>★★★</td>
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<td>★★</td>
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</tr>
</tbody>
</table>

For each area, the department combined several measures to get one star rating. A plan’s star rating represents only the performance measures the plan reported in each area.

★ = Lowest; ★★ = Low; ★★★ = Average; ★★★★ = Highest

### What was measured?

**Preventive and Well-Care for Women and Children**

- Did children see their doctor for a check-up?
- Did women get screened for breast cancer?
- Did pregnant women get the care they needed?
- Did children get dental care?

**Members with Chronic Illnesses**

- Did children and adults with asthma get the care they needed?
- Did adults with diabetes get the care they needed?
- Did adults get the care they needed for their high blood pressure?

**Satisfaction with Services**

- Do members feel they are getting the care they need right away?
- Are members satisfied with their health plan?